

Matt. 6:25-34

25. Because of this, I am saying to you: Do not be anxious about your life – what you will eat or what you will drink. Neither [be anxious about] your body – what you will wear. Is not life more than food, and the body [more than] clothing?

26. Look carefully at the birds of the air: that they do not sow seed, neither do they harvest, neither do they gather into barns. And your Heavenly Father feeds them. Are you not more valuable than them? 27. By being anxious, who of you is able to add one single length to the span of your life?

28. And why are you being anxious concerning clothing? Learn from the lilies of the field – how they grow: They do not toil, neither do they spin [thread]. 29. But I am saying to you: that Solomon in all his glory did not clothe himself like one of these. 30. If, existing today and the next day being thrown into the furnace, God clothes the grass of the field in this way, will not [He clothe] you much more, one of little faith.

31. Therefore, do not be anxious, saying: What will we eat? Or what will we drink? Or what will we wear? 32. For the Gentiles desire all of these things. For your Heavenly Father knows that you have need of all these things. 33. But seek first the Kingdom of God and His righteousness, and all these things will be provided to you.

34. Therefore, do not be anxious for tomorrow. Because tomorrow will be anxious for itself. Its own problems are sufficient for each day.